

HOW TO PROTECT YOURSELF FROM TRAFFICKING IN HUMAN BEINGS?



Search for jobs on safe and verified websites



Check all "dream job" offers carefully



Find out about your labour rights in the country where you intend to work



Keep your passport or eID card, phone and bank cards with you at all times and do not give them to anyone for safekeeping



Take a photo of your passport or eID card and save it on your phone



Inform your relatives or friends about your change of address and how they can reach you



If you encounter labour irregularities, even without a formal employment contract, you can consult each country's labour inspectorate

Labour exploitation, servitude, forced prostitution, forced crime is trafficking in human beings!

More information: www.pmlp.gov.lv www.iem.gov.lv







